

Endorsers of M.I.S.T.E.R.

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FORMER MAYOR DOUG SCOTT

STATE REPRESENTATIVE CHUCK JEFFERSON

PROMISE OF LIFE TEMPLE CHURCH

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ROCKFORD RESCUE MISSION

ADULT PROBATIONS

RESOURCE INTERVENTION CENTER

DEPT OF CHILDREN & FAMILY SERVICES



M.I.S.T.E.R. PROGRAM



**“STRENGTHENING THE BOND
OF FAMILY LIFE”**

M.I.S.T.E.R Program

**A Program of
Youth Service Bureau**

**308 W. State Street
#475**

**Rockford, IL 61101
(815) 316-1975**

YSB

M.I.S.T.E.R.

**MEN INSTILLING A STABLE
TRUSTING ENVIRONMENT
RIGHT NOW**



- **Do you value your role as a father?**
- **Are you looking for ways to help your children and strengthen your family unit?**
- **Could you benefit from the support of other fathers like yourself?**

If you answered yes to one or more of these questions, this is the program for you. Read on!!!

M.I.S.T.E.R.

(MEN INSTILLING A STABLE
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PROGRAM PURPOSE

M.I.S.T.E.R. is an Empowerment Program for African American Fathers, 21 years & older. This program is designed to help Fathers enrich the lives of their children and family from a cultural point of view.

GOALS

- Educate fathers to recognize and maintain their significant and vital role as core to the success of the family.
- Provide an opportunity to improve healthy interactions that foster age-appropriate guidance and discipline.
- Learn effective communication to help teach responsibility and decision making skills to their children.
- Empower fathers through increased self-awareness, self-esteem, to be the positive role-model for the family.
- Connect fathers to community resources, and other supports for maintaining a healthy family life.



M.I.S.T.E.R. PROGRAM OBJECTIVES

African American parents are faced with great challenges. This program will address critical parenting issues, helping children cope with difficult areas associated with abandonment, blended families, substance abuse, domestic violence, low academic performance and unhealthy peer pressure. The objective of the M.I.S.T.E.R. program is to help fathers make a greater impact on family life by:

- Increasing the number of fathers who are active, supportive and maintain a meaningful role within their children's lives.
- Increasing support for the fathers' involvement in single-parent household.
- Promoting stable, intact families.
- Reducing the number of children at-risk.

The M.I.S.T.E.R. program will achieve these objectives through a curriculum covering various facets of the adult males' life, increasing self-awareness, skill-building, action planning and

**Thank you, United Way of
Northwest Illinois AND
Youth Service Bureau
Of Illinois Valley**

NO COST TO PARTICIPANTS

Program includes:

- Class instruction and materials
- Bus Tokens available upon request
- Weekly Meals & Family Night "Reunification Dinner"
- Health Care Assessment
- Male Support Group & Link to Community Resources
- Certificate of Achievement
- Graduation Ceremony

SPECIFICS

This twelve week M.I.S.T.E.R. family empowerment program, for African American Fathers, classes are held mornings or evenings.. Available in Rockford and Freeport Il.

REGISTER

Seats are limited. **Call (815) 316-1975** to register for this exciting, informative and life changing experience. We Look forward to seeing you there.

Referrals may be made by community agencies, churches, court, DCFS, schools, self, etc.