

## Board of Directors

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# YSB

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*Executive Director*

## How YSB helps kids:

- Foster Care
- Solutions Counseling
- Homeless and Runaway Youth
- Street Outreach
- Transitional Living Program
- Community Services
- YSB Child Development Center
- Hope House
- Hispanic Center
- Redeploy IL
- 2nd Chance
- Traditional Parenting Program



# YSB

*A Licensed, Child  
Welfare Agency*

Program information and contact

numbers may be found on

[www.ysbiv.org](http://www.ysbiv.org)

[contactus@ysbiv.org](mailto:contactus@ysbiv.org)



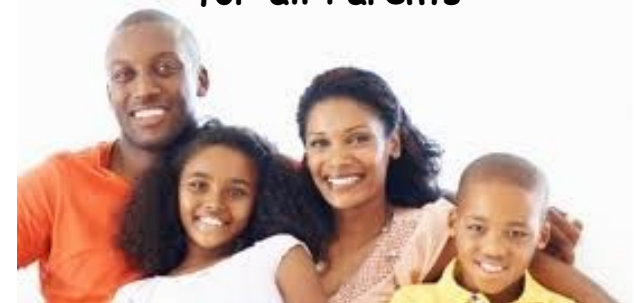
Youth Service Bureau

# YSB

*of Illinois Valley*

## PARENTING PLUS

**An Educational Program  
for all Parents**



**"Helping young people and families  
succeed by serving them in their home,  
school and community."**

### **Class Locations:**

**Youth Service Bureau**  
308 W. State St., Suite 475  
Rockford, IL 61101

**Youth Service Bureau**  
Freeport, IL 61032

**Youth Service Bureau**  
Belvidere, IL 61008

**For all locations:  
(815) 316-1977**

The **Parenting Plus Program** is designed for **ALL** parents of children up to 17 years who have any or all of the following concerns:

- Children not cooperating
- Ignoring parents directives concerning homework, chores, bedtime routines, etc.
- Sibling rivalry
- Constant arguing and fighting
- Repeating yourself and no one is listening

## OBJECTIVE

The program is designed to enhance your parenting skills by:

- Helping you manage difficult behaviors
- Teaches you constructive discipline
- Teaches effective communication skills
- Teaches you ways to increase your child's self-esteem



## PLEASE NOTE

This class is for parents, foster parents, grandparents, guardians, child care providers and those who may be involved with the Courts, DCFS or probation.

**Children of attending parents who are eligible can attend specific sessions of this 12-week program. This will provide parents the opportunity to practice the skills being taught and receive immediate feedback from the program instructors.**

*(Observational home visits are available when applicable)*



## BONUSES/BENEFITS

You will experience the support of other parents while receiving an enlightening opportunity to explore and enhance the skills necessary to raise emotionally healthy children.



## PROGRAM COST

Fees may be at no cost to participants or a sliding fee scale may be available. Please call for specific information about your personal eligibility.

## HOW TO REGISTER

Contact YSB at  
**815-316-1977 ext. 2**

- Classes are held mornings and evenings
- One day each week for 10 to 12 sessions

## CLASS LOCATIONS

Rockford, Freeport and Belvidere

## CERTIFICATION

Certificates will be provided upon successful completion of program requirements.