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How YSB helps kids:

- Foster Care
- Solutions Counseling
- Homeless and Runaway Youth
- Street Outreach
- Transitional Living Program
- Community Services
- YSB Child Development Center
- Hope House
- Hispanic Center
- Redeploy IL
- 2nd Chance
- Traditional Parenting Program
- M.I.S.T.E.R. Parenting Program

*A Licensed, Child
Welfare Agency*

Mission of YSB:

*Helping young people and families
succeed by serving them in their home,
school and community*



Youth Service Bureau

YSB

of Illinois Valley

PARENTING PLUS

**An Educational Program
for all Parents**



Helping young people and families
succeed by serving them in their home,
school and community.

Class Locations:

Youth Service Bureau
308 W. State St., Suite 475
Rockford, IL 61101

Youth Service Bureau
Freeport, IL 61032

Youth Service Bureau
Belvidere, IL 61008

For all locations: (815) 316-1977

The **Parenting Plus Program** is designed for **all** parents of children from birth to 17 years, having any or all of the following concerns:

- Children not cooperating
- Ignoring parents directives concerning homework, chores, bedtime routines, etc.
- Sibling rivalry
- Constant arguing and fighting
- Repeating yourself and no one is listening

OBJECTIVE:

The program is designed to enhance your parenting skills by:

- Helping you manage difficult behaviors
- Teaching you constructive discipline
- Teaching self-control
- Teaching you to increase your child's self-esteem



Please note:

This class is for parents, foster parents, grandparents, guardians, child care providers and those who may be involved with the Courts, DCFS or probation.

Children of attending parents are now welcome to attend sessions, 3, 6 and 9 of this 12-week program. This will provide parents the opportunity to practice the skills being taught and receive immediate feedback from the program instructors.



BONUSES/BENEFITS:

- You will experience the support of other parents while receiving an enlightening opportunity to explore and enhance the skills necessary to raise emotionally healthy children.

PROGRAM COST:

Fees may be at no cost to participants or a sliding fee scale may be available. Please call for specific information about your personal eligibility.

HOW to REGISTER:

Contact YSB at (815).316-1977 ext. 2

- Classes are held mornings, afternoons and evenings
- One day each week for 10 sessions

CLASS LOCATIONS:

Rockford, Freeport and Belvidere
(Observational home visits are available when applicable)

CERTIFICATION:

Certificates will be provided upon completion of program requirements.

