

## Board of Directors

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# YSB

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## How YSB helps kids:

- Foster Care
- Solutions Counseling
- Homeless and Runaway Youth
- Street Outreach
- Transitional Living Program
- Community Services
- YSB Child Development Center
- Hope House
- Hispanic Center
- Redeploy IL
- 2nd Chance
- Traditional Parenting Program



# YSB

*A Licensed, Child  
Welfare Agency*

Program information and contact  
numbers may be found on  
[www.ysbiv.org](http://www.ysbiv.org)  
[contactus@ysbiv.org](mailto:contactus@ysbiv.org)



Youth Service Bureau

# YSB

*of Illinois Valley*

## PARENTING PLUS

**An Educational Program  
for all Parents**



**“Helping young people and families  
succeed by serving them in their home,  
school and community.”**

### **Class Locations:**

**Youth Service Bureau**  
308 W. State St., Suite 475  
Rockford, IL 61101

**Youth Service Bureau**  
Freeport, IL 61032

**Youth Service Bureau**  
Belvidere, IL 61008

**For all locations:  
(815) 316-1977**

The **Parenting Plus Program** is designed for **ALL** parents of children up to 17 years who have any or all of the following concerns:

- Children not cooperating
- Ignoring parents directives concerning homework, chores, bedtime routines, etc.
- Sibling rivalry
- Constant arguing and fighting
- Repeating yourself and no one is listening

## OBJECTIVE

The program is designed to enhance your parenting skills by:

- Helping you manage difficult behaviors
- Teaches you constructive discipline
- Teaches effective communication skills
- Teaches you ways to increase your child's self-esteem



## PLEASE NOTE

This class is for parents, foster parents, grandparents, guardians, child care providers and those who may be involved with the Courts, DCFS or probation.

Children of attending parents who are eligible can attend specific sessions of this 12-week program. This will provide parents the opportunity to practice the skills being taught and receive immediate feedback from the program instructors.

*(Observational home visits are available when applicable)*



## BONUSES/BENEFITS

You will experience the support of other parents while receiving an enlightening opportunity to explore and enhance the skills necessary to raise emotionally healthy children.



## PROGRAM COST

Fees may be at no cost to participants or a sliding fee scale may be available. Please call for specific information about your personal eligibility.

## HOW TO REGISTER

Contact YSB at  
**815-316-1977**

- Classes are held mornings and evenings
- One day each week for 10 to 12 sessions

## CLASS LOCATIONS

Rockford, Freeport and Belvidere

## CERTIFICATION

Certificates will be provided upon successful completion of program requirements.